



Little Dreamer's Daily Schedule

6:00AM -7:00AM	Arrival / Welcome Parents	5:30PM – 6:00PM	Tummy Time
7:00AM- 8:00AM	Breakfast / Morning Activities	6:00PM – 6:30PM	Prepare for Parent Pick-up
8:00AM - 8:30AM	Tummy Time		
8:30AM – 9:00 AM	Baby Sign Language / Language Cognitive		
9:00AM- 9:30AM	Sensory / Exploration Activities	*Weather Permitting, otherwise see alternative activity listed	
9:30AM – 10:00AM	*Outside / Music and Movement		
10:00AM - 11:00AM	Fine Motor / Art Activities		
11:00AM -11:30AM	Lunch		
11:30AM – 12:30PM	Story Time / Social Emotional		
12:30PM - 2:30PM	Nap Time / Quiet Time		
2:30PM – 3:00PM	*Outside / Gross Motor Activities		
3:00PM – 3:30PM	Snack		
3:30PM -4:00PM	Sensory / Exploration Activities		
4:00PM – 4:30PM	Music and Movement		
4:30PM – 5:00PM	Story Time		
5:00PM - 5:30PM	Gross Motor Activities		